

BROOKE NEWSLETTER

SUNFLOWER FEDERATION



It has been another busy week at Brooke. The infants enjoyed a fantastic trip to the woods this afternoon linked to their learning this half term on plants! KS2 have been busy making some incredible activism art and have been having some fantastic debates about what makes a person good or bad. This week saw the end of the Gamechangers workshops for year 5. This has been a fantastic series of workshops about EDI and we are very grateful for the opportunity to run these in our schools. Next week, our year 3 and 4 children will be heading to the Cathedral on Monday for some exciting workshops around music and we will have our may pole dancing sessions for May day!

Ms Weal - Head of School

SPORTS NEWS THIS WEEK







This week in PE, KS1 have continued their unit of athletics. Our focus in lessons has been to develop and improve relay hand-over technique and the standing start position for short distance races. A special mention goes to James in Poppy class for demonstrating a superb hand-over technique and brilliant acceleration when completing their relay races!

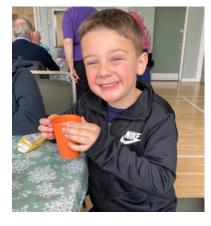
KS2 have also continued their unit of athletics. This week we have been focusing on improving the hand-over technique in relay with a specific focus on the 'running hand-over'. A special mention goes to Daisy in Lavender class for implementing their knowledge of the hand-over technique to help their team improve their relay race times!

BEHAVIOUR CAFE











Wonderful week at behaviour café- Well done to all of the children- look at those smiles!!

3.

DRUMMING WITH PETE

Pete's popular drumming classes now have availability.
Please book via school money or alternatively contact the school office.
Thank you.





MESSAGE FROM OUR SENCO, MISS RINGWOOD THIS WEEK......

Fine Motor Skills

Week 17



Developing a Pencil Grasp

A tripod pencil grasp is the best hold for handwriting activities. This grasp is where the pencil is held between the tips of the thumb, index and middle finger. Three fingers (index, thumb and middle fingers) are placed about 1.5- cm from the pencil point for a right-hander, and 2.5-3cm for a left-hander (to increase the visibility of the writing). The wrist and the little finger side of the hand need to be resting on the table at all times. This will help control finger movements.

Activities to try at home:

- Use one hand to crumple tissue paper into a small ball. Your child can then try and flick it with their thumb and first two fingers
- Peg board patterns or threading games. Thread small beads or pasta tubes onto string to make different patterns
 - Play a game of jumping frogs or tidily winks to develop strength in finger



May 2024

Newsletter



CPD training for anyone who works with children or teenagers.

National Standards CPD accredited sessions

All sessions booked & delivered online via facefamilyadvice.co.uk

Thursday 2 May

19:00 - 21:00 £24



Anxiety Explained

Anxiety, especially in our young is rising. This session explains what it is, why it happens and how you can help.

Monday 13 May

19:00 - 21:00 £24



Autism: Improving Communication

Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.

Monday 20 May

19:00 - 21:00



Understanding the Teenage Brain

Improve your understanding and communication with your teen. Why they think, feel and behave very differentlky from adults.

Tuesday 21 May

19:00 - 21:00 £24

facefamilyadvice.co.uk.



Raising Self-Esteem

How to support healthy self-esteem in your children and yourself. Easy to apply interventions shared.

info@facefamilyadvice.co.uk

More information available via:

https://www.justonenor
folk.nhs.uk/occupationa
I-therapy-for-parentscarers/learningplayingexploring/skillsbuilding/fine-motorskills/

PTFA



WHAT ARE OUR HOUSES WITHIN SCHOOL AND THE ICON BEHIND THE NAMES....

6.

This week we are covering Pankhurst & Mercury

Pankhurst

Emmeline Pankhurst (15 July 1858 - 14 June 1928) was a British political activist who organised the British suffragette movement and helped women win the right to vote. In 1999, Time named her as one of the 100 Most Important People of the 20th Century, stating that "she shaped an idea of objects for our time" and "shook society into a new pattern from which there could be no going back". She was widely criticised for her militant tactics, and historians disagree about their effectiveness, but her work is recognised as a crucial element in achieving women's suffrage in the United Kingdom.

Mercury

Freddie Mercury (born Farrokh Bulsara; 5 September 1946 – 24 November 1991) was a British singer and songwriter who achieved worldwide fame as the lead vocalist and pianist of the rock band Queen. Regarded as one of the greatest singers in the history of rock music, he was known for his flamboyant stage persona and four-octave vocal range. Mercury defied the conventions of a rock frontman with his theatrical style, influencing the artistic direction of

Queen.

CERTIFICATE WINNERS



Poppy

Holly - Behaviour - for being ready, respectful and safe during carpet sessions and independent play

Alya - Effort - for excellent effort in mathematics home learning

Tilly - Effort - for fantastic participation and reasoning skills in maths lessons

James - Recognition - for engaging in imaginative role play and using brilliant vocabulary in the Poppy Class Garden centre.

Buttercups

Freddie - for outstanding behaviour

Bill - for incredible focus producing a beautiful and thoughtful piece of plant art Laurel - for wonderful writing, including lots of detail and creativity.

Daisy

Joel - Behaviour - For being a wonderful example of our school rules this week.

Daniel - Recognition - Times Tables mastermind! Daniel has been working hard on his timetables and managed to recite all of the 4's within less than 12 seconds!

Samuel - has been a beacon of positivity this week! His infectious smile has brightened Daisy Class. Samuel has been supportive of his peers and approaching all of his learning with a positive mindset and producing great work. Keep it up!

William - Effort - For really getting into character for a debate about detentions and bringing some fantastic points for his argument

Ania - Presentation - Ania's handwriting has been consistently beautiful in all of her work this week!

Bluebells

Jessica - Behaviour - has had a great week, has got on well with all tasks give to her. Well done!!

Junior - Presentation - Took a wonderful amount of time to ensure his writing was impeccable.

Ernie - Effort- Time and care taken to produce an outstanding balanced argument about Emmeline Pankhurst.

Eleanor - Recognition- has tried really hard to work with staff to produce written work in her third language.

Lavender

Jonah - Presentation - for his beautiful handwriting in English this week - keep it up!

Millie - Effort - for being an area, perimeter and volume superstar! It is so wonderful seeing

Millie's confidence in maths flourish.

Logan - for challenging himself and writing a brilliant balanced argument in English this week

Isaac - behaviour -for always demonstrating our school rules: ready, respectful and safe.

BIRTHDAY ANNOUNCEMENTS

8.

Happy 10th Birthday to Tilly, Y5 (22nd April)

Happy 5th Birthday to Freddie YR (24th April)

Happy 7th Birthday to Henry S Y2 (25th April)



UPCOMING EVENTS.....

9

29/04/24 Norwich Cathedral Trip Year 3 & 4
30/04/24 Reception Vision & Hearing Screening
06/05/24 Bank Holiday

10/05/24 - Year 5-6 Football Fixture Brooke vs Hempnall 3:40-4:30pm at Hempnall 13/05/24 KS2 SATS week KS2

15/05/24 Carlton Marhes Trip- KS1

17/05/24 Year 3-4 Football Fixture Brooke vs Hemphall 3:40-4:30pm at Hemphall 20th / 21st May Yr 6 London residential

W/C 27th May HALF TERM HOLIDAY

06/06/24 Dyslexia Parent Cafe- Hemphall 9am 10/06/24 Class Photos 17/06/24 Infant trip to Framlingham Castle 09/07/24 Sports Day PM

READ MORE AT

www.hempnall.norfolk.sch.uk www.brooke.norfolk.sch.uk

MEET THE TEAM

Who are you?
My name is Sinead

What is your role in the Sunflower Federation?

I'm the assistant cook

How long have you worked in one of our schools?

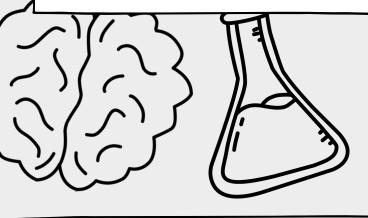
I've only been at the school since the start of term although I met a few of you at the Easter Holiday Clubs.



Sinead Auker

What is the thing you most enjoy about your job?

The best bit about my job is seeing you enjoying the food we make, especially Fishy Friday



What do you enjoy doing when not at work?

When I'm at home I enjoy having fun with my 10 year old daughter Roni. I love running and dance too.

What is your favourite flower?

It's difficult to pick my favourite flower as I love nature, so I'm going to pick Sweat pea, the first flower I planted aged 8.

Have you got a joke to tell us?

I bet you've heard this joke before but here goes-What do you call a deer without eyes? No idea!



Long training walks have been underway from our members of staff- Please support them where you can for such a worthy cause.



Two weeks to go!!

https://www.justgiving.com/fundraising/SunflowerFederatio











The Friends of Waterloo Park are holding a photography exhibition to celebrate Refugee Week this year.



photography competition



What does HOME mean to you?

To celebrate Refugee Week this year, we invite you to send us a photo of what "Home" means to you.

Send your photo, as a JPEG, to info@friendsofwaterloopark.org.uk by Friday 7th June , with your name, age, a phone number and a statement that you took the picture yourself.

It can be anything that makes you think of home.

There will be prizes for the best pictures and a celebration and exhibition on Saturday 29th June 1:00pm in the room above The Feed Cafe at Waterloo Park.

