

Date:  
01/12.23



# BROOKE NEWSLETTER

## SUNFLOWER FEDERATION



Unfortunately Ms Weal has been absent from work this week, we are anticipating that she will return to school towards the end of next week, so my thanks again to the whole team across the federation who have been able to support for Ms Weal's absence. We send our best wishes to Ms Weal to get well quickly!

We had some brilliant staff training for the whole federation led by Miss Ringwood and Ms Wilkinson (from Hempnall) for STEPS training – behaviour management in a child-centred and compassionate way. We are working with all of the staff to ensure that we are all consistently managing behaviour in school and working with children and their families to make things better when they do go wrong, as well as understanding the development of the brain through childhood, and that behaviour is a way of communicating a need. This training will impact our developed behaviour policy, which we will share out to our federation community imminently.

Thanks for your continued support

Alex Griffiths

Executive Headteacher



# 1.

## SPORTS NEWS THIS WEEK

This week in PE, KS1 have been continuing their focus on throwing and catching.

The children focused on developing throwing and catching techniques whilst moving in spaces and playing small sided games. A special mention goes to Lucia in Poppy Class for showing brilliant passing accuracy.

KS2 have been continuing their unit of Netball & Korfball for this half-term. Pupils have been working hard this week to develop their tactical knowledge and their understanding of the key rules on defending and player marking. A special mention goes to Evie in Lavener Class for demonstrating an excellent understanding of the rules and tactics within their games.

# 2.

## PTFA NEWS



The PTFA are holding a Story Night, 8th December for EYFS & KS1, 3.30-4.30pm at school. Refreshments: hot chocolate and cookies made by our wonderful kitchen staff.

If you wish to book your child a space please follow the link: <https://forms.gle/yLNY7HQ2Nbkbyj2B8>

Please send your child in with a onesie or a fluffy jumper to be warm and cosy.

# 3.

## BAKE SALE

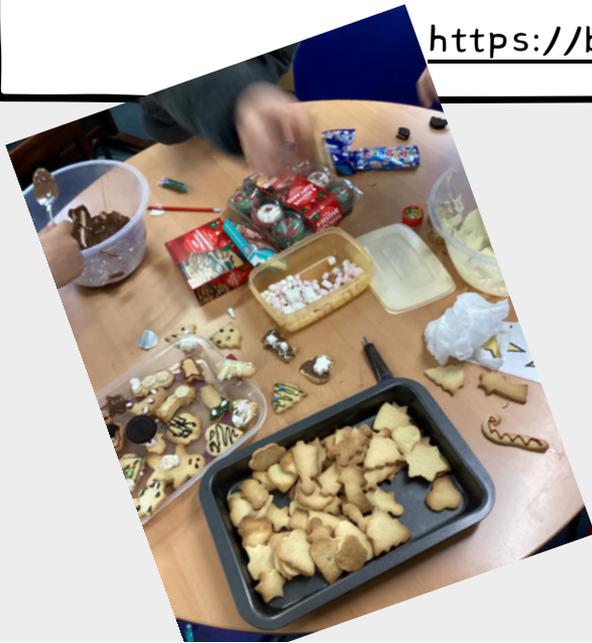
### BAKE SALES

Lavender have been busy making signs/ posters and baking goodies for their back sale.

Friday 1st December - [Lavender are raising money for Benjamine Foundation](#)

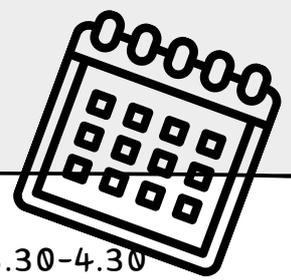
Friday 8th December - Daisy

<https://benjaminfoundation.co.uk/>



# UP COMING EVENTS

# 4.



07/12/23 Christmas Jumper Day

08/12/23 EYFS & KS1 Story Night - Friday 08th December 3.30-4.30

07/12/23 Reception Decorating the tree at the Church 10-11am

13/12/23 Christmas lunch 12-1pm

14/12/23 EYFS & KS1 Christmas performance- village hall 9.30am & 3.30pm

15/12/23 Christmas Fair-detail to be confirmed

19/12/23 End of Term Service- all parents welcomed 1-2pm

20/12/23 Last Day of the autumn term

04/01/24 First day back- Spring Term

MESSAGE FROM OUR SENCO,  
MISS RINGWOOD THIS WEEK.....

# 5.

## Mealtime Support

Week 3



Some children struggle with the sensory aspects of certain food types and will avoid the food they find overwhelming.

Sensory triggers can involve appearance (colour or shape), texture, smell and taste. Selective eating is not always a problem. Everyone has preferences, your child may exclude specific food but still have a balanced diet!

Eating is an experience which involves all our senses. It is important to understand that we all process sensory information differently. What smells good to one person can be unpleasant to others. What feels comfortably warm to some may feel too hot for others.

Children who refuse foods or have a very restricted diet are dealing with a lot of information. However, for some children, there appears not to be a sensory element restricting their diet, and it is their dislike of change and preference for sameness that can contribute to issues around food.

More information is available through the Just One Norfolk website:

<https://www.justonenorfolk.nhs.uk/occupational-therapy-for-parents-carers/personal-care/mealtime-support/>

# RECIPE OF THE WEEK

# 6.



Logan and Freya from year 5, have already polished up their culinary skills and attempted the recipe below. They sold their cake at Bluebells cake sale last Friday.

## CHOCOLATE AND COURGETTE CAKE

### Ingredient

#### For the cake

- o 4 medium eggs, beaten
- o 150ml vegetable oil
- o 130ml semi-skimmed milk
- o 300g light brown soft sugar
- o 350g plain flour
- o 75g cocoa powder, plus extra for dusting
- o 2 tsp baking powder
- o 400g courgettes
- o 1 tsp vanilla extract



#### For the icing

- 100g unsalted butter, softened
- 1 tsp vanilla extract
- 250g icing sugar

### Method

#### Step 1

Preheat the oven to 190°C/gas mark 5. Line a 20cm x 30cm baking tray with baking parchment.

#### Step 2

Whisk together the eggs, oil and milk. Add the brown sugar and mix well. Sift the flour, cocoa and baking powder into a bowl, then fold into the wet mixture. Finely grate the courgettes and stir into the mixture along with 1 tsp vanilla extract. Spoon into the baking tray and bake for 40 minutes, then leave to cool.

#### Step 3

Meanwhile, beat the butter, vanilla extract and 250g icing sugar in a bowl. Spread the icing over the top of the cooled cake and finish with a dusting of cocoa. Cut into slices, remove from the tray and serve.

## ANNOUNCEMENTS

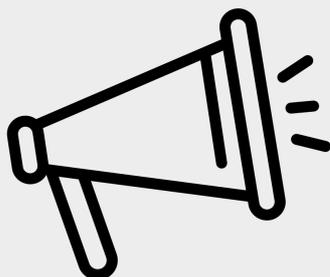
Thank you

Your support has made a real difference to those in the Armed Forces community.

Without your efforts, we couldn't do the work we do.

TO BROOKE SCHOOL  
£148.40p  
Thank you for supporting the Royal British Legion Poppy Appeal. 2023  
Together we raised £2,119.39p

To find out more about how your donation helps, please visit [rbl.org.uk/poppyappeal](http://rbl.org.uk/poppyappeal)



8.

## PUPIL VOICE- HOUSE NEWS

Pankhurst Vice Captain- Aubrey Stubbs

This week Brooke Primary has been very busy for students and teachers as we have started decorating our classes for Christmas! Some other things that have happened this week for KS2 include:

Writing newspaper reports, bake sales and for me personally I have had a brilliant week as on Monday, Liz came to my classroom holding an envelope that said, 'Aubrey Stubbs' on the front, 10 Downing Street on the back!!! When I opened it, it was a reply from the correspondance officer, replying about my letter I sent about a youth goverment a few weeks back.

READ MORE AT

[www.hempnall.norfolk.sch.uk](http://www.hempnall.norfolk.sch.uk)  
[www.brooke.norfolk.sch.uk](http://www.brooke.norfolk.sch.uk)

7.

CROSS COUNTRY  
Cross country with Mr Griffiths will return after the Christmas break on Monday 8th January at 8:30am. Meet on the playgroud. Any parent helpers very welcome!



Wear your favorite Christmas jumper in aid of save the children this year.  
Please follow the link to donate:  
Christmas Jumper Day 7th December  
Please pay all donations via THIS LINK

## Poppy Class

**Jasper** - for always being ready to learn and showing respect to both adults and children in school.

**Sophia** - for excellent participation in singing practice for the nativity

**Willow** - for showing resilience in English lessons, and a growing independence in her writing.

**Iris** - for making fantastic progress in phonics!

## Buttercup Class

**Jaydon** - for working hard in phonics and using his special friends in his writing

**Felix** - for being ready, respectful and safe in the classroom and playground

**Bill** - for working so hard to learn all his lines for the nativity!

## Daisy Class

**Libby** - for wonderful behaviour all week, in with our school values.

**Ella** - consistently beautiful work, contributing in the lesson and working hard.

**Harry H** - Fantastic progress with his handwriting and contributing in lessons.

## Bluebell Class

**Jonty** - for always showing our school rules of being ready, respectful and safe.

**Tommy** - for writing a fantastic newspaper report on flooding.

**Toby** - for making a huge effort with writing a newspaper article on flooding.

**Ivy** - for creating a fantastic information booklet on the moon.

## Lavender

**Felix** - for his excellent team work when baking this week.

**Sofia** - for her resilience and hard work shown to improve her arithmetic in maths

**Arthur** - for always demonstrating our school rules of ready, respectful and safe.

Arthur is also a wonderful, supportive friend and is always looking out for others!!

# WELL DONE EVERYONE

## BEHAVIOUR CAFE

# 10.



Audrey K, Elodie, Teddy, Audrey F and Katie reaped the rewards of a chilly walk to the village hall this week with a warm hot chocolate and biscuits. Well done everyone!!



## BIRTHDAY ANNOUNCEMENTS

# 11.

Big birthday shout outs.....  
Happy 6th birthday to Barnaby  
in Yr 1  
Happy 9th birthday to Max in  
Yr4



# CHRISTMAS HAS ARRIVED AT SCHOOL

# 12.

Christmas has arrived in school and we have not one, not two but three christmas trees making our school feel festive. Please feel free to make a homeamde tree decoration to hang our trees next week.

Special thanks to Homestead nurseries who donanted our real christmas tree in the hall. this year. Much appreciated.





## MEET THE TEAM

Who are you?

Mrs Walden

What is your role in the Sunflower Federation?

Apprentice teaching assistant  
Secretary at Hempnall Primary

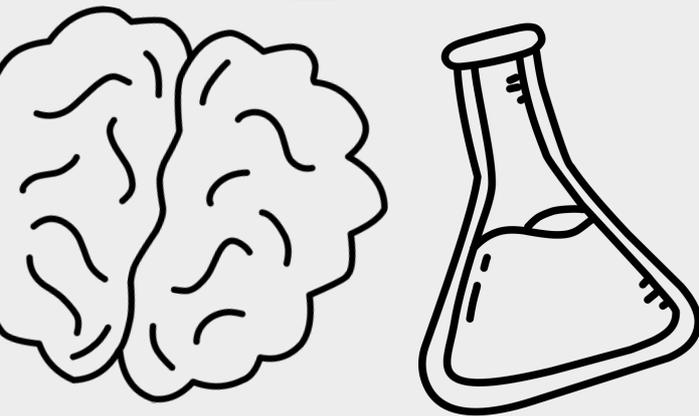
How long have you worked in one of our schools?

10 months



# 13.

Mrs Walden



What is the thing you most enjoy about your job?

I love how the children never fail to make me laugh every day. I also love seeing the children achieve their own goals!

What do you enjoy doing when not at work?

I love exploring our natural world and traveling. I'll also be at any 1940s -1950s themed events! And of course, plane spotting at Heathrow.

What is your favourite flower?

Lily - Name of my daughter!

Can you tell us a joke?

Why do bees have sticky hair? They use honeycombs!



# CHRISTMAS CHILDCARE CLUB

THURSDAY 21ST & FRIDAY 22ND  
DECEMBER

9.00AM-3.00PM

BROOKE PRIMARY SCHOOL

£25.00 PER SESSION - £15.00 PER SIBLING CAN BE BOOKED ON SCHOOL  
MONEY

IF YOUR CHILD IS ENTITLED TO FSM (NOT UNIVERSAL) PLEASE BOOK VIA  
[HTTPS://WWW.EVERYMOVE.UK/INSPIRATION/BIG-NORFOLK-HOLIDAY-  
FUN-ACTIVITIES](https://www.everymove.uk/inspiration/big-norfolk-holiday-fun-activities)





# STEVENSONS

## Opening Times

From everyone at Stevensons, we're sending you our best wishes and a little note to say that we are closing our stores over the Christmas holidays so staff can spend time with their family and friends.

We're closed from 18th December until 1st January.

We re-open on the 2nd of January

You can still order for home delivery or Click and Collect once the store re-opens.

Festive. 

