

Date:  
24.11.23



# BROOKE NEWSLETTER

## SUNFLOWER FEDERATION



Firstly, thanks to so many of you for the feedback so far on our big listening exercise – this feedback from families has been vital in being able to deeply understand what is working and what needs further development for the children in our school. We have a governors meeting next week, where elements of this feedback will be discussed, and the recently established family view committee meetings in each school in a couple of weeks' time. These are great opportunities to listen further and present solutions and celebrate successes, so we are excited to do that. At Brooke, unfortunately Ms Weal is unwell at the moment – there have been some really nasty bugs ripping through school – and therefore has been advised by the doctor to take some time off before Christmas to get better. Please ensure therefore that any communication for Ms Weal is sent to the school office, where it will be forwarded to the next most appropriate person. Myself, Mrs Perry and Miss Ringwood, as well as Mrs Lewis – our Head of School at Hempnall – will be present at Brooke to cover for Ms Weal over the next couple of weeks. We, once again, are offering **FULLY FUNDED** holiday clubs to children who are eligible for **MEANS TESTED FREE SCHOOL MEALS** this Christmas. This is 2 days hosted at Brooke Primary School on the 21st and 22nd of December only. There will be a day of sports and activities – as well as arts and crafts – on the 21st, and on the 22nd a Christmas party, with cooking and baking as well as decorating, for the children. We also are offering any child or family who book through the [Norfolk EVERYMOVE website](#) a free Christmas hamper box with food, goodies and other important items to take home. Bookings must be in place on [Everymove](#) before 11th Dec to confirm one of these boxes.

Thanks for your continued support, and stay warm this weekend!

Alex Griffiths  
Executive Headteacher

# 1.

## SPORTS NEWS THIS WEEK



This week in PE, KS1 have been continuing their focus on throwing and catching. The children focused on developing throwing techniques and catching techniques when moving in spaces. A special mention goes to Edie in Buttercup Class for showing brilliant catching technique when moving at speed.

KS2 have been continuing their unit of Netball & Korfball for this half-term. Pupils have been working hard this week to develop their tactical knowledge and their understanding of the key rules and regulations in gameplay. A special mention goes to Leo in Daisy Class for demonstrating an excellent understanding of the rules and tactics within their games.

Please take the opportunity to browse and purchase some of the wonderful books on offer at our book fair, Tuesday 28th is the last day to view and purchase. Children will have a chance to look during the school day and write on their wish list. Parents can view after school under the shelter.



3.

## BAKE SALES

Bluebells have been busy baking and decorating their biscuits today ready for their bake sale afterschool.

Friday 1st December - [Lavender](#) are raising money for Benamine Foundation

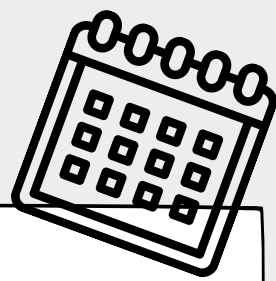
Friday 8th December - Daisy

We raised £98.64  
for E.A.C.H Thank you  
so much!!



## UP COMING EVENTS

4.



29/11/23 PEDESTRIAN TRAINING YEAR 2, 11-2.45PM

30/11/23 ROAD SAFETY TEAM- BENJAMIN & BETHANY YEAR RECEPTION

30/11/23 SEAT BELT TRAINING- YEAR 4, 1.45-2.30PM

30/11/23 YR 5-6 TAG RUGBY WYMONDHAM RUGBY CLUB

07/12/23 RECEPTION DECORATING THE TREE AT THE CHURCH 10-11AM

13/12/23 CHRISTMAS LUNCH 12-1PM

14/12/23 EYFS & KS1 CHRISTMAS PERFORMANCE- VILLAGE HALL 9.30AM & 3.30PM

19/12/23 END OF TERM SERVICE- ALL PARENTS WELCOMED 1-2PM

20/12/23 LAST DAY OF THE AUTUMN TERM

MESSAGE FROM OUR SENCO,  
MISS RINGWOOD THIS WEEK.....

5.

## Clothing & Dressing

Week 2

Children can become involved in dressing from a very early stage.

Developing body awareness, recognising different types of clothing and participating when others help them to get dressed, are all skills that build independence.

As children get older, some aspects of dressing can be very challenging; tying laces, doing buttons, getting clothes the right way round. This can be frustrating for your child, but support them to keep practicing.

More information, videos and tips are available through Just One Norfolk: <https://www.justonenorfolk.nhs.uk/occupational-therapy-for-parents-carers/personal-care/clothing-dressing/>



# 6.



## RECIPE OF THE WEEK



Why not find your cooking apron and chef hat (if you have one or make one), get creative in the kitchen this weekend and try the following recipe. Don't forget to send the office a pictures of your creation.

### YORKSHIRE PUDDING

Perfect compliment  
to your Sunday roast

#### Ingredients

- 100g/3½oz plain flour
- ¼ tsp salt
- 3 large free-range eggs
- 225ml/8fl oz milk
- 4 tbsp sunflower oil



#### Method

1. Preheat the oven to 220C/200C Fan/Gas 7.
2. Mix the flour and salt together in a bowl and make a well in the centre. Add the eggs and a little of the milk. Whisk until smooth, then gradually add the remaining milk. This can be done with a wooden spoon, but is easier with an electric hand-held whisk. Pour the mixture into a jug.
3. Measure a teaspoon of oil into each hole of a 12-bun tray, or a tablespoonful into each hole of a 4-hole tin, or 3 tablespoons into a roasting tin. Transfer to the oven for 5 minutes, or until the oil is piping hot.
4. Carefully remove from the oven and pour the batter equally between the holes or the tin. Return the batter quickly to the oven and cook for 20-25 minutes (35 if making the Yorkshire pudding in the roasting tin), or until golden-brown and well-risen. Serve immediately.

## REMINDERS

7.



### NO NUT SCHOOL

Please can we remind you all, we are a NO NUT SCHOOL. Please check ingredients list as there are many items with hidden nuts in the ingredients, for example, snack bars, chocolate spread, pesto etc. We have children/ staff with a severe nut allergy, it is really important we keep these people safe within school. Thank you for your understanding.

### SCHOOL DROP OFF

A reminder to all, the school gates open at 8.30am. If you arrive early to school, please stay with your child until they have access to the school grounds with a member of staff present.



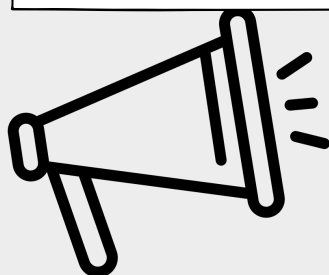
### SCHOOL DINNERS

Please involve your children in their school meal choices for the week ahead. We have a lot of children not knowing or liking their meal choices.  
Thank you

### JEWELLERY

Jewellery- Please remember that one pair of flat studs is permitted at school, this is for health and safety reasons. Please find our key information on school uniform below:

<https://www.brooke.norfolk.sch.uk/key-info/school-uniform>



8.

## PUPIL VOICE- HOUSE NEWS

This week in Pupil Voice, we have discussed and agreed that our assemblies were a bit too long. We also discussed celebration assembly and we came to the conclusion that we should not have all of the people on the bench at the start, as it spoils the surprise who is winning the certificates.

By Jonah Ward, Einstein House Captain

READ MORE AT

[www.hempnall.norfolk.sch.uk](http://www.hempnall.norfolk.sch.uk)  
[www.brooke.norfolk.sch.uk](http://www.brooke.norfolk.sch.uk)

# CERTIFICATE WINNERS OF THE WEEK!!

9.

## Poppy Class

**Greyson** - for coming into school so beautifully in the mornings, with a big smile on his face!

**Ivor** - For taking on his new classroom monitor job with such enthusiasm everyday

**Audrey** - For consistently following school rules and being a positive behaviour role model for others

## Buttercup Class

**Ted** - for his fantastic progress in reading over the past few weeks! He has moved up 2 book bands!

**Charlie** - for going above and beyond on his detailed piece of science work on wind.

**Elodie** - for always being ready to learn and showing respect to everyone in our school community

## Daisy Class

**Sienna** - incredible effort for being resilient with learning her times tables this week

**Teddy** - for fantastic behaviour around this week

**Ania** - has been recognised for writing a fantastic introduction paragraph for a newspaper report.

## Bluebell Class

**Harry** - for contributing thoughtful answers in R.E lessons.

**Eliza** - for writing a great newspaper report on the Apollo 11 landing on the moon.

**Audrey** - for being an outstanding model to her peers.

## Lavender

**Freya** - for her outstanding work ethic and resilience shown in maths and guided reading this week

**Daisy** - for her amazing vocabulary understanding and contributions to our PSHE discussions

**Katie** - for always demonstrating our school rules of ready, respectful and safe

# WELL DONE EVERYONE

## BEHAVIOUR CAFE



Cleo, Stella & Zayd alongside Eilidh & Lottie, were the lucky winners this week to enjoy a hot chocolate/ milkshake and biscuit at the behaviour café held at the village hall. Well done everyone, very well deserved.

# 10.



## BIRTHDAY ANNOUNCEMENTS

# 11.

Big birthday shout outs.....

Happy 10th birthday Toby, Yr5

Happy 11th birthday Olive, Yr6





# CROSS COUNTRY FINALS

# 12.



## SSP CROSS COUNTRY CHAMPIONSHIP

The 7 children across the federation who made it through from the South Norfolk qualifying, took part in the Norfolk Championship on a cold but dry day round the course at High Lodge, Thetford Forest. In courses ranging from 1km to 1.6km, with 80 competitors in each race, with one race per year group, one for girls and one for boys.

Despite some early nerves, a music inspired warm up helped everyone get ready for their run, they all attacked it well and all achieved a great result

### RESULTS

Year 3

Esme 21st

Max 39th

Year 4

Emily 10th

Sylvie 62nd

Lennie 29th

Year 5

Evie 21st

Year 6

Abigail 30th.

The children were a credit to the schools and the best thing was the support they gave each other on the day, before, during and after the race. Well done everyone, you were brilliant.

Overall, a really well run event and great to see the schools being involved..



# 13.

## NATIONAL SLEEP HELPLINE

Having a sleep issue is surprisingly common. At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely.

<https://thesleepcharity.org.uk/national-sleep-helpline/>



the national  
**sleep**  
helpline

**Does your child  
suffer with  
sleep issues?**

**Do you struggle  
with your child's  
bedtime?**

**Will your child  
not sleep in  
their own bed?**

**WE CAN HELP**

**03303 530 541**

Monday, Tuesday & Thursday 7pm - 9pm  
Monday & Wednesday 9am - 11am



# MEET THE TEAM

# 14.

Who are you?

Mrs Perry

What is your role in the Sunflower Federation?

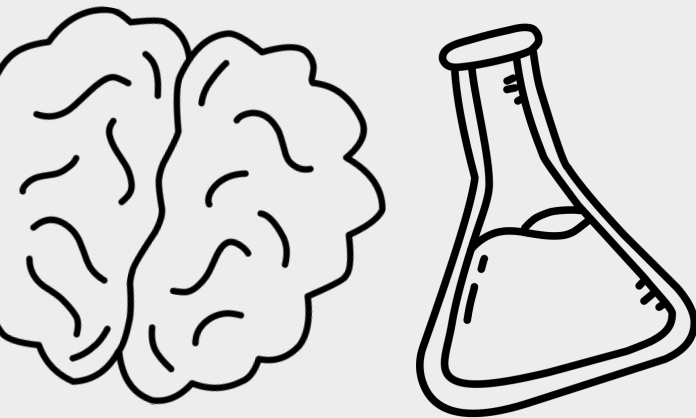
EYFS & KS1 Lead & Reading Lead

How long have you worked in one of our schools?

I started working at Brooke in January 2020, so nearly 4 years.



Mrs Perry



What is the thing you most enjoy about your job?

I love teaching children the skills to read and write independently. I feel extremely privileged to play such an important role in shaping a child's future.

What do you enjoy doing when not at work?

I enjoy spending time with my family and our two dogs, walking at the beach or in the countryside. I also love gardening and reading. I try to read every night!

What is your favourite flower?

Bright Pink Peonies

Can you tell us a joke?

What did the pirate say on their 80th Birthday? Aye matey!



# CHRISTMAS CHILDCARE CLUB

THURSDAY 21ST & FRIDAY 22ND  
DECEMBER

9.00AM-3.00PM

BROOKE PRIMARY SCHOOL

£25.00 PER SESSION – £15.00 PER SIBLING CAN BE BOOKED ON SCHOOL  
MONEY

IF YOUR CHILD IS ENTITLED TO FSM (NOT UNIVERSAL) PLEASE BOOK VIA  
[HTTPS://WWW.EVERYMOVE.UK/INSPIRATION/BIG-NORFOLK-HOLIDAY-  
FUN-ACTIVITIES.](https://www.everymove.uk/inspiration/big-norfolk-holiday-fun-activities)

