

Date:  
08.12.23



# BROOKE NEWSLETTER

## SUNFLOWER FEDERATION



Dear families,

We are one step closer to Christmas – which the children are very excited about, and the schools are looking very festive with decorations and Christmas trees as well as singing and Christmas performance practice which is always a lovely time of year!

It was great for the leadership teams to host the family view sessions with class representatives in school today and yesterday. The discussion was really great, and feedback really insightful into what we can do and offer differently as a federation moving forwards. The outcomes and actions of these meetings will be shared more widely really soon, and hopefully changes will be seen too off the back of this feedback. This will include our schedule of family information cafes in each school, changes to the school website, and changes to the reporting, consultation and APDR meeting processes for all and SEND children.

On another note, I have been selected as Primary chair of Educate Norfolk. This is a chance to represent the views of all Norfolk Primary Headteachers on systemic issues and impact on change for those of us working in Primary Schools in Norfolk. This is a really great opportunity to enact systemic change for the better for children primarily, and as a consequence staff and schools in general. The reports on the inquest of Ruth Perry's death this week have been particularly troubling, and really outline that leadership need to work towards changes for the better for all in schools, if I can lead and support this in Norfolk over the next couple of years, I will be delighted. I will keep you updated on this element of my work as the year progresses.

Thanks for your continued support,

Alex Griffiths

Executive Headteacher

1.



### SPORTS NEWS THIS WEEK



This week in PE, KS1 have been continuing their focus on developing their throwing and catching skills. The children focused on improving passing techniques whilst moving in spaces and playing small sided games. A special mention goes to Henry S in Buttercup Class for showing brilliant chest and bounce passes.

KS2 have been continuing their unit of Netball & Korfbal for this half-term. Pupils have been working hard this week to develop their knowledge and understanding of the rules and techniques of shooting. A special mention goes to Tabitha in Buttercup Class for demonstrating an excellent understanding of shooting rules and techniques.

In other news, 16 Brooke students attended a Year 3-4 and Year 5-6 Basketball tournament at Framingham Earl High School on Monday. Both teams did absolutely brilliantly, with both teams coming top of their groups. In their finals, both teams faced Poringland and BOTH TEAMS WON. This is the second year in a row that Brooke has won both age groups at this event so a massive congratulations goes to all of the players who worked incredibly hard and showed fantastic teamwork, resilience and sportsmanship to win their events.

## 2. PTFA NEWS

Friday 15th December 2.15pm - 4.15pm

Brooke School PTFA Christmas Fayre

Please join us at school for lots of fun and games next Friday afternoon. Children can either be collected at 14.15 to join you at the fair, their normal pick up time, or they can continue to use after school club as normal- whatever works best for your family. Grotto spaces are limited and will need to be booked in advance.

Please follow the link given in the e-mail to book

We are asking, please, for donations of the following;

SOFT TOYS- any (great condition) soft toys for the Teddy tombola.

CHRISTMAS TREATS/BAKES- homemade or bought treats, e.g. gingerbread men, cakes, biscuits, brownies (please remember we are a nut free school. If baking at home can you please send with a list of ingredients used- these can be given to the office on the Friday morning or can be brought to school ready for the start of the Fayre on Friday afternoon).

JOLLY JARS- can you or your child get creative and decorate the outside of a clean lidded jam jar then fill with sweets? Please attach the maker's name as there will be a little prize for our favourite festive design!

Please can all donations be given to the school office. Thank you for your support!



## 3. BAKE SALE

### BAKE SALES

Lavender raised £86.24 for Benjamine Foundation. Many thanks to everyone who supported.

Friday 8th December - Daisy Class are raising money for Dawn's New Horizon <https://dawnsnewhorizon.org.uk/>



# UP COMING EVENTS

# 4.

13/12/23 Christmas lunch 12-1pm

14/12/23 EYFS & KS1 Christmas performance- village hall 9.30am & 3.30pm

15/12/23 Christmas Fayredetail to be confirmed

19/12/23 End of Term Service- all parents welcomed 1-2pm

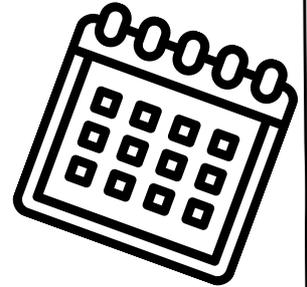
20/12/23 Last Day of the autumn term

04/01/24 First day back- Spring Term 1

16/02/24 Last day of half term

W/C 19/02/24 HALF TERM

26/02/24 First day back Spring term 2



MESSAGE FROM OUR SENCO,  
MISS RINGWOOD THIS WEEK.....

# 5.

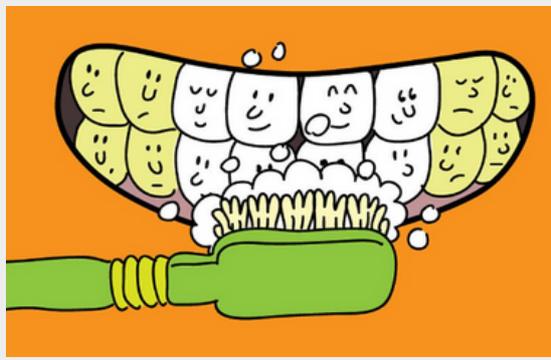
## Neurodiversity



Do you have concerns around Neurodevelopmental differences for your child?

This information sheet is for families who are worried about autism/ADHD/additional needs. The signposted services attached are here to support you on your journey. Please reach out to them for help.

## Week 4



This week's SEN focus is all about teeth. We know that some children with additional needs can find elements involved with brushing teeth challenging. Just One Norfolk have put together a list of top tips to support children.

More information available via :

<https://www.justonenorfolk.nhs.uk/healthy-lifestyles/teeth-and-toothbrushing/>

## Teeth and Toothbrushing

- Start brushing teeth as soon as they come through with a fluoride toothpaste 1350-1500 ppm and make it part of your child's routine.
- Support you child/ young person with tooth brushing, breaking it down into small steps.
- Reduce sugar intake, especially in between meals and ask you doctors/ pharmacist for sugar free medicines.
- Offer water or milk to drink where possible.
- Think of rewards such as a favorite activity rather than offering food, sweets or snacks.
- Mouth and dental care is particularly important in children and young people who are tube fed.
- There are unflavoured toothpastes available which are non foaming and 3 sided toothbrushes which may also be helpful for some children.



## RECIPE OF THE WEEK

# 6.

Why not find your cooking apron and chef hat (if you have one or make one), get creative in the kitchen this weekend and try the following recipe. Don't forget to send the office a pictures of your creation.

### GINGERBREAD MEN

#### INGREDIENTS

- 150g butter
- 60g caster sugar
- 60g soft dark brown sugar
- 110g Golden Syrup
- 360g Plain flour
- 1 tsp bicarbonate of soda
- 1 ½ tsp ground ginger
- 1tsp ground cinnamon



#### METHOD

- 1.Pre heat oven to 180 degrees Celsius. Line baking tray with grease proof paper.
- 2.In saucepan, melt butter with the sugars and syrup. Sift flour, bicarbonate of soda, ginger and cinnamon into bowl. Add melted butter, sugar and syrup and mix.
3. Knead for a few seconds until it comes together, adding a teaspoon or so of water if necessary, but without allowing it to get too wet. Flatten dough into round about 2cm thick, wrap in cling film and place in the fridge for at least 30 mins or overnight.
- 4.Remove dough from the fridge, dust work surface with flour and roll out to approx. 5mm thick. Cut out gingerbread men shapes using a cutter and transfer onto baking sheet. Cook in the pre-heated oven for about 12 minutes until they are slightly firm, a little darker round the edges and slightly drier on top. Allow the shapes to firm for a few minutes then place on a wire rack to cool.

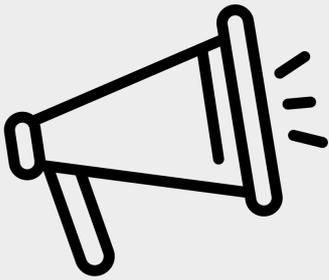
7.



### Mild illness guidance

We know that winter is one of the peak times for adults and children to come down with mild illnesses such as colds, coughs and sore throats. To help make judgements about mild illness, as well as wider guidance:

- [NHS Guidance: Is my child too ill for school?](#)



8.

## PUPIL VOICE- HOUSE NEWS

Rashford, By Arthur Besley Y6

In pupil voice this week, we have covered the subject of respect. Respecting school property, teachers and people.

How to respect each other and different ways to show respect.

READ MORE AT [www.hempnall.norfolk.sch.uk](http://www.hempnall.norfolk.sch.uk)  
[www.brooke.norfolk.sch.uk](http://www.brooke.norfolk.sch.uk)

## Poppy Class

**Tilly** - for always listening so well and following instructions carefully

**Lucia** - Potiomkina for trying very hard with both her writing and maths this week!

**Ollly** - for carrying out his 'classroom monitor' job with effort and enthusiasm which has helped to keep our classroom a positive and practical place to learn.

**Jude** - for also carrying out his 'classroom monitor' job with diligence and helping to keep our classroom an organised and welcoming place to learn.

## Buttercups

**Nuku** - for his excellent presentation in his maths book!

**Kayla** - for coming into school bravely and confidently

**Martha** - for listening carefully and following instructions

**Victoria** - For her fantastic resilience and determination when adding two two-digit numbers.

## Daisy

**Joshua** - for modelling brilliant behaviour all week.

**Jacob** - Working super hard writing his newspaper report of flooding in the Broads.

**Teddy** - Worked so hard in all of his lessons this week, had a fantastic attitude to the learning, presented some beautiful work and had an all round brilliant week.

## Bluebells

**Beatrice** - for showing school rules of being ready respectful and safe.

**Ernie** - for enthusiasm in all lessons and always contributing to class discussions.

**Alana** - For making a huge effort in Maths, finding the area of shapes.

## Lavender

**Tilly** - for always demonstrating our school rules of ready, respectful and safe. Tilly you are such a delight to teach!!

**Olivia** - for showing such resilience when solving tricky long division problems in maths.

**Katie** - for being a caring friend and for writing a brilliant newspaper article in English this week.

## WELL DONE EVERYONE

## BEHAVIOUR CAFE

# 10.



Arthur, Jonty, Elizabeth, Felix and Jasper enjoy a very well deserved hot chocolate and biscuits. Well done everyone!!

## BIRTHDAY ANNOUNCEMENTS

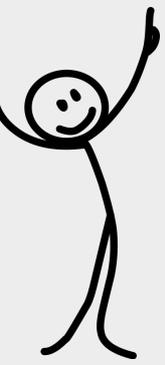
# 11.

Big birthday shout outs.....

Happy 6th Birthday to Bill Y 2



# MEET THE TEAM



Mr Sanford

What is your role in the Sunflower Federation?

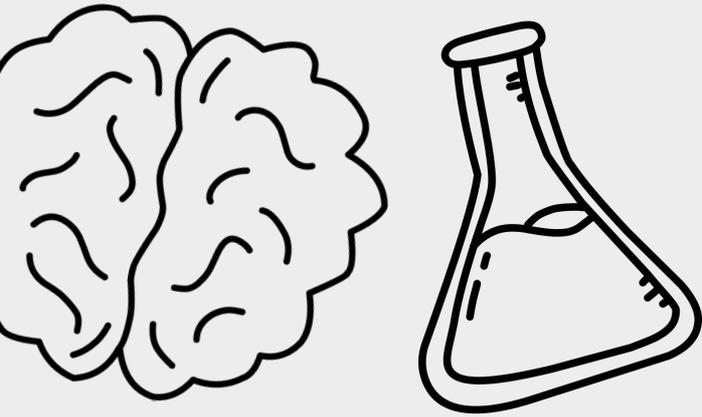
Who are you? Mr Sanford What is your role in the Sunflower Federation? How long have you worked in one of our schools?

How long have you worked in one of our schools?



What is the thing you most enjoy about your job?

I most enjoy fixings problems and putting smiles back on children's and adults faces when I'm able to sort it for them.



What do you enjoy doing when not at work?

I enjoy spending time with my family and swimming if I find the time.

What is your favourite flower?  
A lily, because I think they look like fireworks!

Can you tell us a joke?  
Why was the broom late for work?  
Becuae he over swept!!



# CHRISTMAS CHILDCARE CLUB

THURSDAY 21ST & FRIDAY 22ND  
DECEMBER

9.00AM-3.00PM

BROOKE PRIMARY SCHOOL

£25.00 PER SESSION - £15.00 PER SIBLING CAN BE BOOKED ON SCHOOL  
MONEY

IF YOUR CHILD IS ENTITLED TO FSM (NOT UNIVERSAL) PLEASE BOOK VIA  
[HTTPS://WWW.EVERYMOVE.UK/INSPIRATION/BIG-NORFOLK-HOLIDAY-  
FUN-ACTIVITIES](https://www.everymove.uk/inspiration/big-norfolk-holiday-fun-activities)





**IN PARTNERSHIP WITH BUNGAY TOWN FOOTBALL CLUB  
SOCCER IN THE COMMUNITY .CO.UK**



To Book, Call or Text Darell Sibbons 07985 75 80 80

**Christmas Holiday 2023  
Matches Day For School Years 1,2,3,4,5,6,7.**

Thursday 21<sup>st</sup> December

Thursday 28<sup>th</sup> December

All dates are 10am-2pm and cost £12.00 per day.  
(Please note younger age groups will be separate)

ALL SOCCER SCHOOLS ARE HELD @ BUNGAY TOWN FC GRASS PITCH NR35 2RU

FREE Medal for everyone, and chances to win other Medals, Trophies and Prizes

Coaches are FA and COERVER qualified, with

Emergency Aid, Safeguarding, and DBS Certificates

Players of all abilities are welcome, however exceptional quality players will be recommended to Ipswich Town Fc

Please get your child to bring with them, SHIN PADS, WATERPROOF JACKET, FOOTBALL BOOTS,

DRINKS (not fizzy) and PACKED LUNCH.



Payments by Cash, Cheque payable to D.Sibbons, or Bank Transfer, Account Number 10742341, Sort Code 20-92-08 together with this completed form are needed on the day of the Soccer School



Please text me for availability on the number above, as dates regularly SELL OUT

Child Name.....D.O.B.....

Address.....

Postcode.....Email.....

Home/Mobile...../.....

School Name.....School Year.....

PLEASE CIRCLE DATE(S) REQUIRED

21<sup>st</sup>

28<sup>th</sup>

Does your child suffer from any illness or disabilities, which should be brought to our attention?

YES

NO

If Yes please give details on reverse of form.

**DECLARATION BY PARENT OR GUARDIAN**

I wish for my child to be accepted on the above course, and I agree to the terms and conditions, and confirm that any medical condition that may affect my child's participation on the course has been fully disclosed.

**HEALTH AND SAFETY / CHILD PROTECTION**

I also give permission for Bungay Town Fc / Soccer in The Community to take and use photographs of my child for future publications and publicity, and to administer first aid if necessary, and to transfer my child to hospital, should an emergency arise.

Signature of Parent or Guardian.....Date.....